

JANUARY 2024

# MONTHLY NEWSLETTER



## Ballet Cymru

At Amelia's December Ballet Cymru Ballet Associate Class she bumped into Faith who was rehearsing and performing with Ballet Cymru's Pre Professionals.

### *Message from Mrs B*

Happy New Year Everyone.

Term begins on Tuesday 2nd January and we are straight into rehearsals and choreography for our Big School Show in March, the following dates are super important so please put them in your diaries now...

Saturday 4th March from 12pm, rehearsals at The Venue Theatre, Uffculme Secondary School

Saturday 16th March, two performances at The Venue Theatre, Uffculme Secondary School.

We have had offers of parents willing to register as Chaperones but we still need more volunteers, we cannot run the show unless we have the correct level of safeguarding cover.

A show means lots of emails I am afraid, but I will wait a week or two as I know you are being bombarded with emails from school etc this week, but please keep a lookout for emails from me and check on our facebook page for updates...

As well as a show we have lots of activities and events planned this term....

### *Musical Theatre Classes on Thursday Afternoons*

These classes are run by professional dancer, choreographer and drama teacher Maddie Perkins, last term they were only offered to existing pupils but this term they will be advertised outside of the school so please do not miss the chance to take part in the classes. The Junior Class is at 4.15-5pm for ages 7yrs plus, The Senior Class is for 11yrs plus at 5-5.45pm and we haven't left the Grown Ups out as there is an Adult Class at 5.45-6.45pm. All 45 minute classes are £5 pay as you come, the Adult class is £7 pay as you come.

# JANUARY'S NEWS, WHAT'S COMING UP AND DANCE TIPS



Time to layer up, the weather has been very changeable but I think we might now be in for a cold spell, so please wear layers over your dance kit for class that can gradually be removed as we warm up, and don't forget we have hoodies, zipped jackets and onesies that can all be customised as well as bags, lunch boxes, t shirts etc...

## ACTIV8THEATRE

Workshops/rehearsals commence on Sunday 14th January in Cullompton for our production of 'Matilda' which will take place in May this year. If you want to book up for the free taster on the 14th January go to our website: [www.activ8theatre.net](http://www.activ8theatre.net)

## EXAM RESULTS

The Grade Four's, Five's, Six and Intermediates Ballet exam results from November's exam session were amazing; Merits and Distinctions all round, congratulations to all of them.

## BRING A BUDDY TO CLASS TO BE IN WITH THE CHANCE TO WIN A PERSONALISED HOODIE

From February 5th to 10th there is the chance to bring a friend to class with you, not only do you get to impress your friend with your dance moves, you will be entered into a draw to win a hoodie with your choice of design on the back/front.

## HYGGE

No annual Hygge this year as we will be too busy with show preparations but we will make time in class to have a moment of Hygge each week, if you don't know what Hygge is, its friendship, calm, warmth, thoughtfulness all sorts of cosy things...

## DANCEWORKSHOPS/DAYS OF DANCE

The Christmas Dance Camp proved to be a lovely few days which culminated in an amazing performance from the cast. Our next event will be in February Half Term on Valentines day - Wednesday 14th February and our theme will be the King and Queen of Hearts. Book now to secure a place. £25-9.30-4.30pm



## WORTH KNOWING

We have a wonderful resource right here in Willand in Excelsior Athletic. This group is run by professionals with years of experience in training young people. Some of you will already know about them due to the gymnastics club that runs in Willand but they also cover other training including weightlifting and perhaps more pertinent to our dance training they run a strength and co-ordination session called Fit for Sport on a Thursday afternoon for ages 10-14yrs. If you are training for an event they also offer bespoke training. [excelsiorathletic@gmail.com](mailto:excelsiorathletic@gmail.com)

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*A Ballet joke to impress your children with: What do you call a dancing sheep? A Baaaahlerina, hee hee*

*Lots of love Mrs Bx*

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